



# **Сравнение процедур пробоподготовки для определения этилглюкуронида и этилсульфата в сыворотке крови методом высокоэффективной жидкостной хроматографии с масс-селективным детектированием**

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**БУ ХМАО-Югры «Нижневартовская психоневрологическая больница»**

**Москва, 17-18 мая 2018г.**

# МЕТАБОЛИЗМ ЭТАНОЛА

(Шабанов П.Д., Калишевич С.Ю., 1998; Маркова И.В. и др., 1999;  
Афанасьев В.В. и др., 2002; Маркизова Н.Ф. и др., 2004)



# Основные метаболические последствия потребления этанола

(Шабанов П.Д., Калишевич С.Ю., 1998; Маркова И.В. и др., 1999;  
Афанасьев В.В. и др., 2002; Маркизова Н.Ф. и др., 2004)

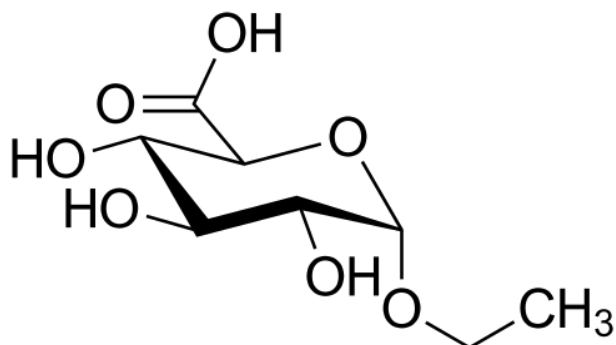
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- **диспропорция в окислительно-восстановительных процессах;**
- **образование высокотоксичного ацетальдегида;**
- **отвлечение ферментов от нормального метаболизма эндогенных субстратов, содержащих спиртовые и альдегидные группы;**
- **накопление избыточных количеств ацетата, что приводит к усиленному образованию жирных кислот и холестерина**

# Ethyl glucuronide (ETG) and Ethyl sulfate (ETS) as biomarkers of alcohol consumption

## Ethyl glucuronide (EtG)

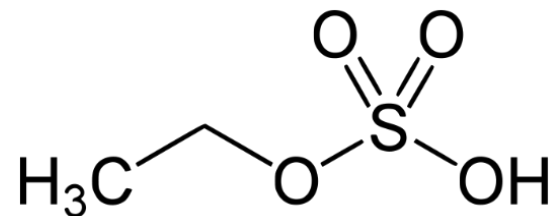
is formed by the direct conjugation of ethanol and glucuronic acid through the action of a liver enzyme.



Ex. mass 222.07 g/mol

## Ethyl sulfate (EtS)

is formed directly by the conjugation of ethanol with a sulfate group.



Ex. mass 125.99 g/mol

EtG and EtS are non-volatile, acidic and water soluble phase II metabolites of alcohol, which are widely used for clinical, forensic and traffic cases. EtG and EtS has gained popularity due to their use as physiological indicators for screening previous alcohol consumption.

# Цель:

- Разработать ВЭЖХ-МС/МС метод для определения этилглюкуронида (ETG) и этилсульфата (ETS) в сыворотке крови для анализатора с масс-селективным детектором типа трёхмерная ионная ловушка.
- Сравнить процедуры пробоподготовки с целью подобрать наиболее оптимальную для определения EtG и EtS в сыворотке крови методом ВЭЖХ-МС/МС. Пробоподготовка для рутинного исследования должна быть простой, быстрой и недорогостоящей.



**WHY triple quadrupole? WHY not an ion trap?**

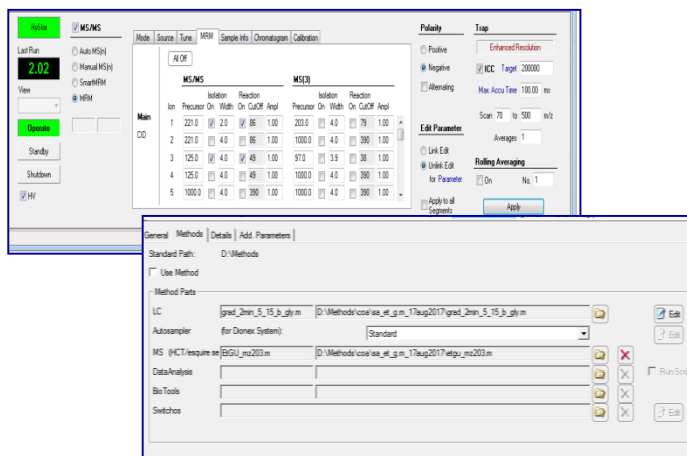


# Аналитическое оборудование и условия ВЭЖХ-МС/МС

The same equipment  
for drugs/NPS analysis and EtG/EtS analysis



**HPLC-MS/MS (ion trap) Bruker Toxtyper**



**Dionex UltiMate 3000 HPLC system coupled  
to an Amazon speed Bruker mass spectrometer**

Capillary voltage, 4500V. Drying gas, 159°C.  
Nebulizing gas pressure, 29.3 psi

Column: Acclaim® RSLC 120 C18 2.1 x 100 mm (Dionex)  
Particle size 2.2 µm. Pore diameter 120Å. Surface area 340 m<sup>2</sup>/g.

Mobile phase A: 2mM ammonium formate, 0.1% formic acid,  
1% acetonitrile in deionized water

Mobile phase B: 2mM ammonium formate, 0.1% formic acid,  
1% deionized water in acetonitrile

Flow rate, 0.5 ml/min.

Column oven: 40 °C. Autosampler: 12 °C.

**Method for drugs and NPS  
markers**

**Gradient mode:**

0-1 min 1% eluent B,  
1-8 min gradient up to 95% eluent B,  
8-9 min 95% eluent B,  
Final for 2 min 1% eluent B

MS1, MS2, MS3 (**full scan**)  
detection mode; mass range, 70–800  
m/z. Simultaneous registration of  
**positive and negative** ions.

**Method for EtG and EtS**

**Isocratic mode:**

5% eluent B

The detection using **MRM in  
negative registration mode:**  
EtG m/z 221->203  
EtS m/z 125->97

# ИССЛЕДУЕМЫЕ ОБРАЗЦЫ

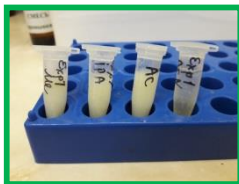
## СЫВОРОТКА

Blood in vacutaners with an accelerator for coagulation was taken from a volunteer who had not consumed alcohol for several months.

Serum was separated by blood centrifugation for 10 minutes at 3000 rpm.

EtG 5000 ng/ml and EtS 5000 ng/ml were spiked to serum. Serum without spiked EtG and EtS was analysed as a negative sample.

Serum samples were prepared using protein precipitation technique (PPT) with an organic solvent: methanole (MeOH), isopropanole (IPA), acetone (Ac), acetonitrile (AcN). Dry spots technique (DSP) was approbated too.



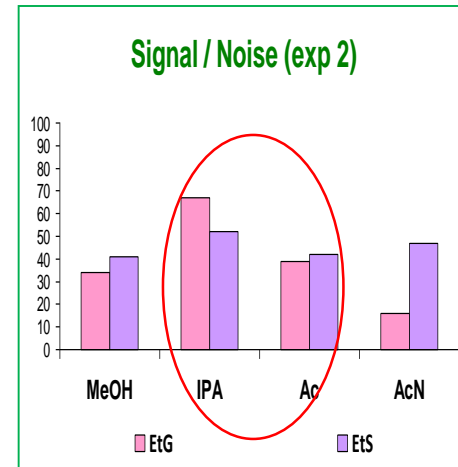
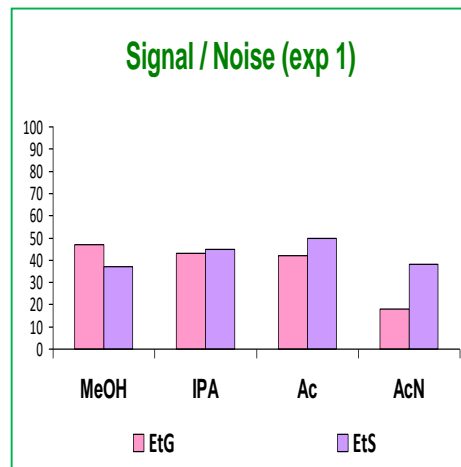
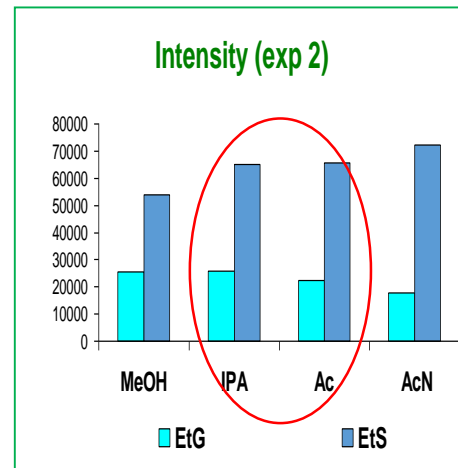
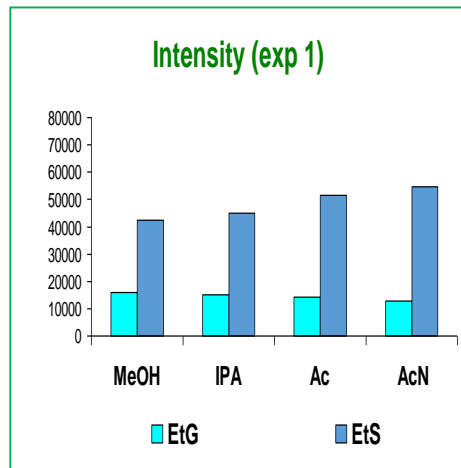
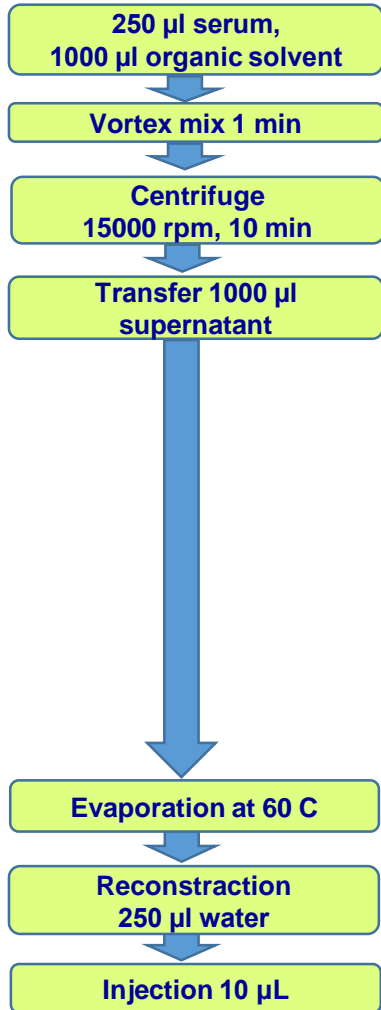
## ЦЕЛЬНАЯ КРОВЬ

To approbate the sample preparation procedures, blood with heparin was taken from patients with alcohol intoxication.

Blood in vacutaners with a heparin was taken from a volunteer who had not consumed alcohol and was analysed as a negative sample.

# Sample preparation procedures (PPT)

## Experience 1



## Experience 2

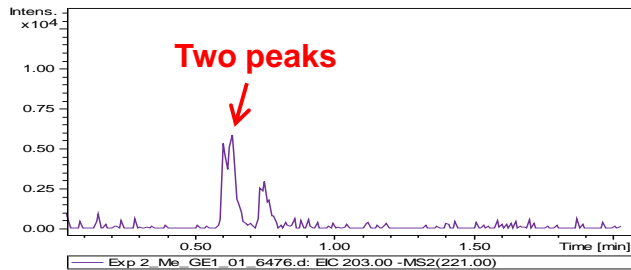


Double precipitation with isopropanol or acetone gives the best results of intensity and signal/noise ratio. However, acetone extract evaporates faster than isopropanol extract.



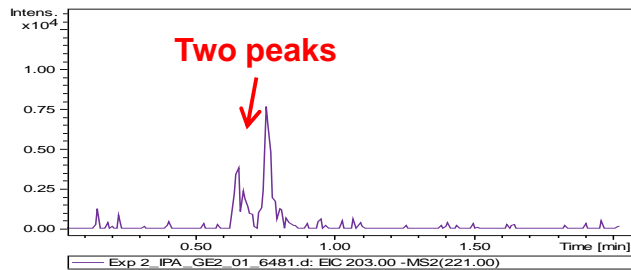
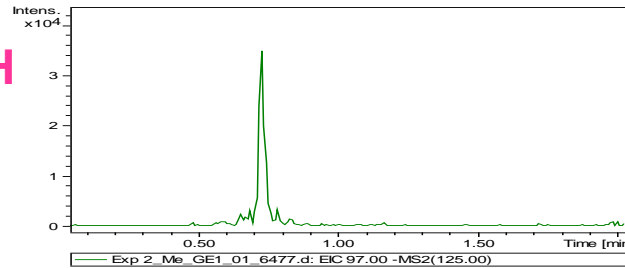
# Chromatograms of EtG and EtS (PPT)

EtG 5000 ng/ml m/z 221->203

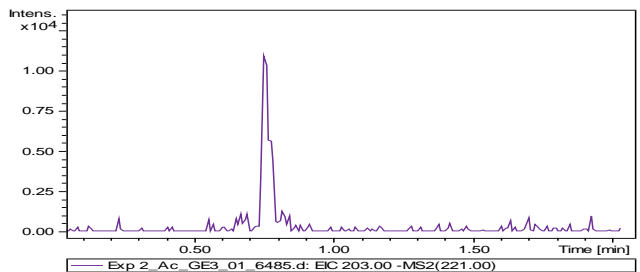
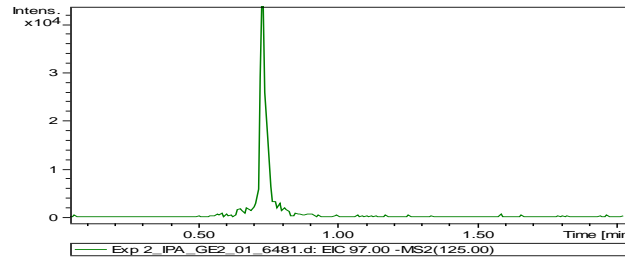


EtS 5000 ng/ml m/z 125->97

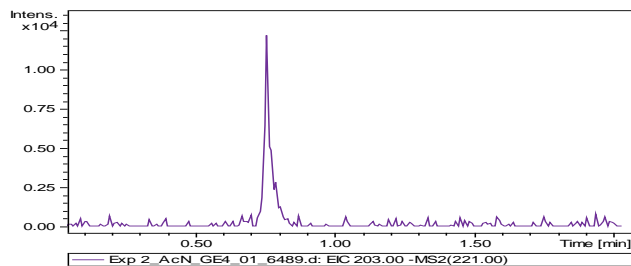
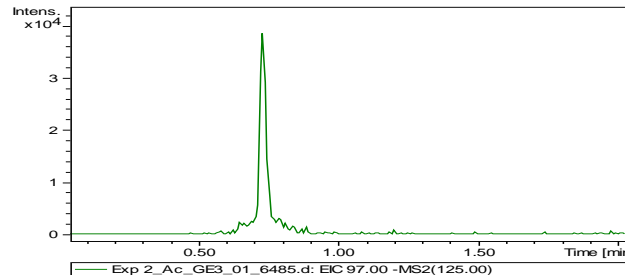
MeOH



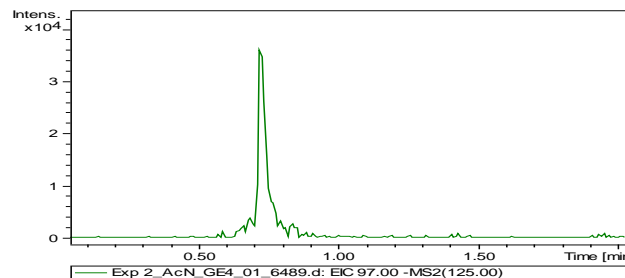
IPA



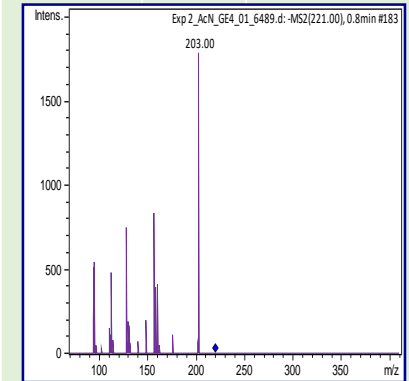
Ac



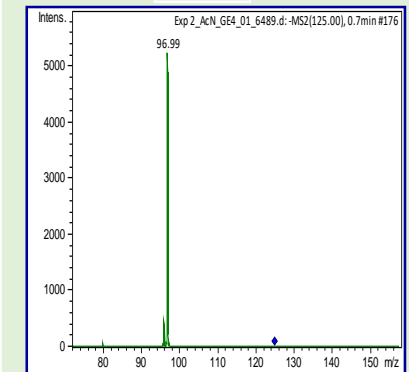
AcN



EtG

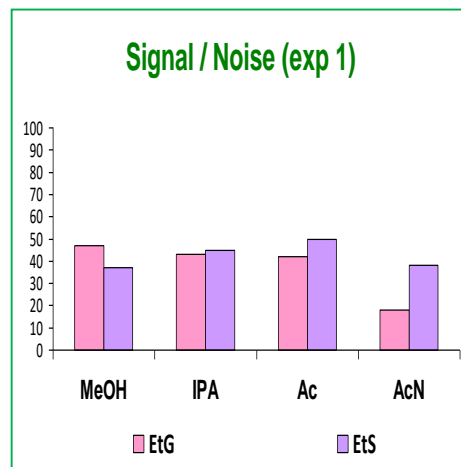
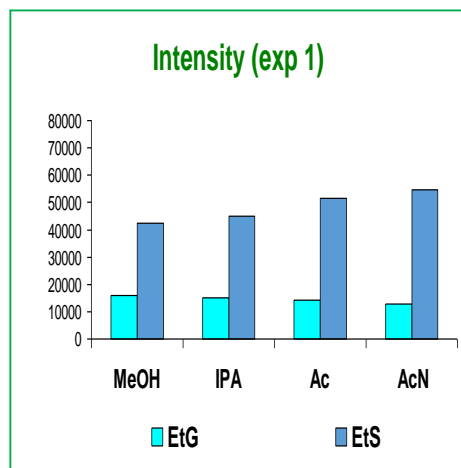


EtS

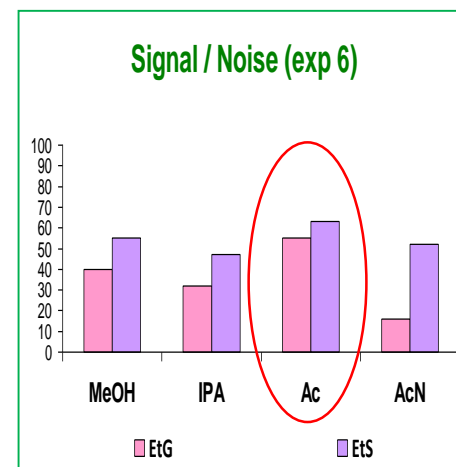
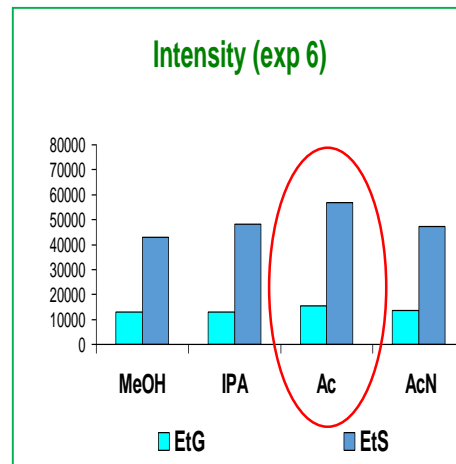
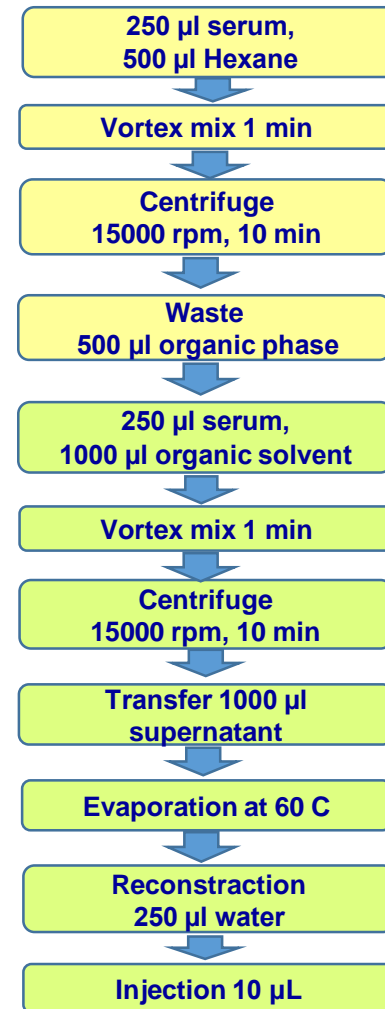


# Sample preparation procedures (PPT)

## Experience 1



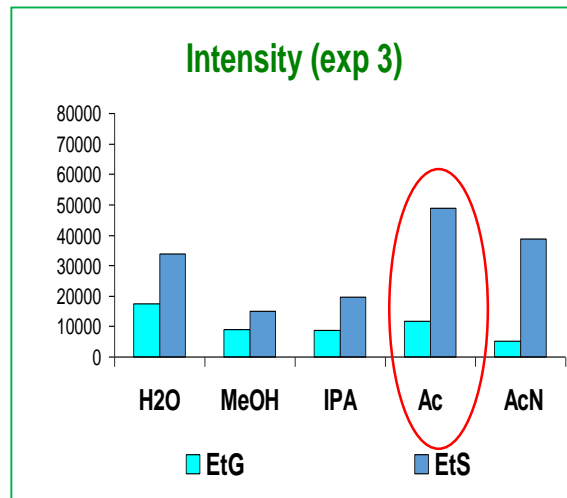
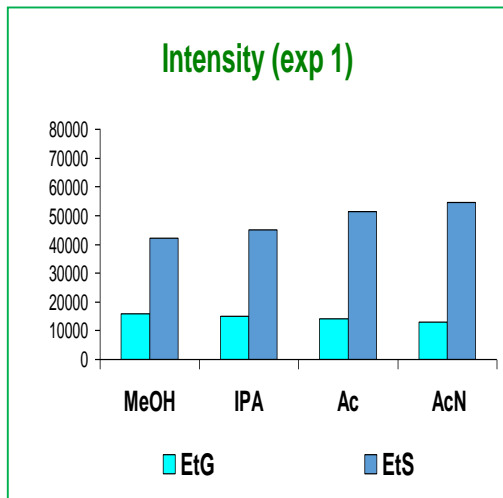
## Experience 6



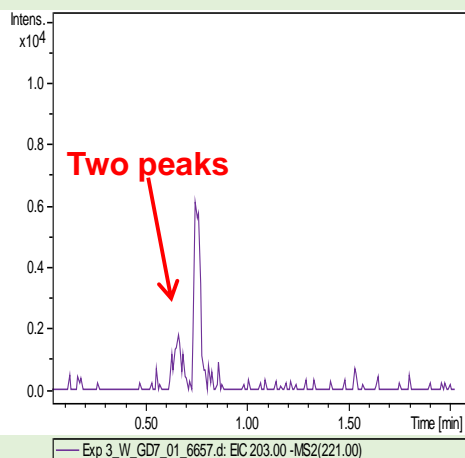
Pre-extraction and wasting of phospholipids with hexane gives a slight advantage of the signal-to-noise ratio.

# Sample preparation procedures (serum, DST)

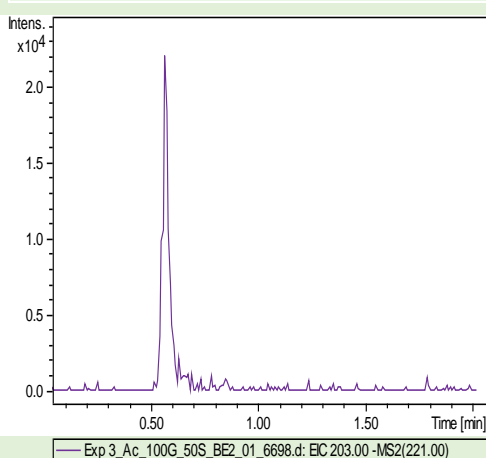
## Experience 3



EtG, extracted by water (exp 3)



EtG, extracted by acetone (exp 3)



250 µl serum

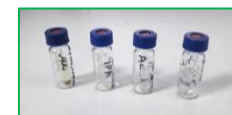
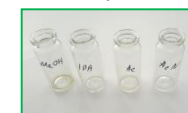
Drying 100 C 15 min

Adding (layering) 250 µl water or organic solvent

Ultrasound 10 min

200 µl supernatant to vial

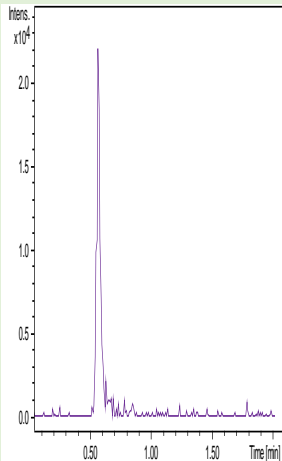
Injection 10 µL



This sample preparation procedure is the most simple, fast and inexpensive.

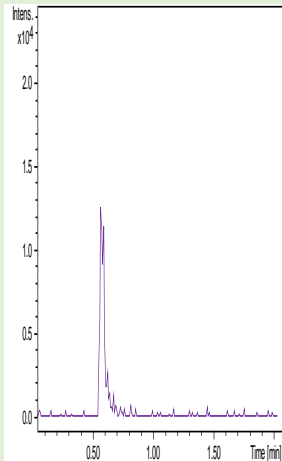
# Chromatograms of EtG and EtS (serum, DST)

m/z 221->203



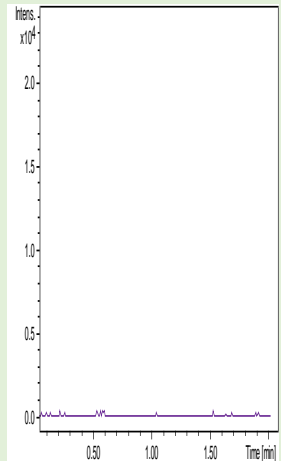
Exp 3\_Ac\_100G\_50S\_BE2\_01\_6688.d: EIC 203.00 -MS2(221.00)

EtG 500 ng/ml



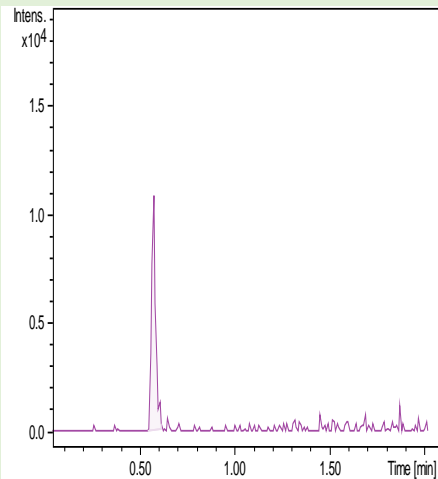
Exp 3\_Ac\_500G\_250S\_BE1\_01\_6687.d: EIC 203.00 -MS2(221.00)

EtG 100 ng/ml



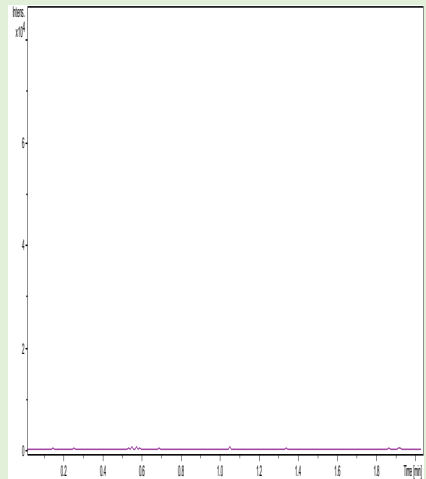
Exp 3\_Ac\_50G\_30S\_BC6\_01\_6747.d: EIC 203.00 -MS2(221.00)

EtG 50 ng/ml



Exp 3\_Ac\_1 pm Et\_BE3\_01\_6699.d: EIC 203.00 -MS2(221.00)

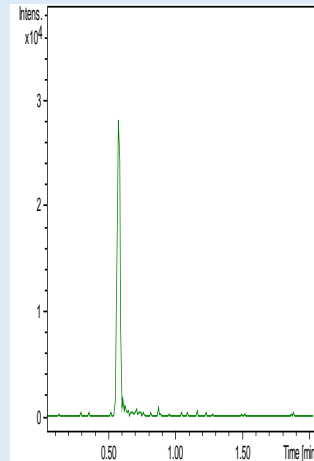
EtG in serum (1,4 g/l ethanol)



Exp 1\_Ac\_30ml\_353\_01\_5946.d: EIC 203.00 -MS2(221.00)

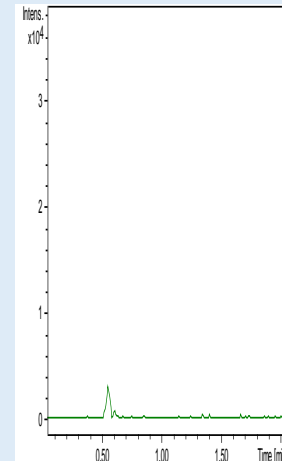
EtG in negative serum

m/z 125->97



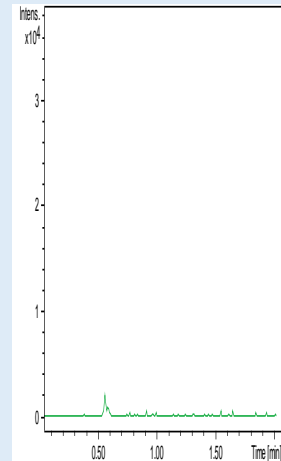
Exp 3\_Ac\_G08\_01\_6671.d: EIC 97.00 -MS2(125.00)

EtS 250 ng/ml



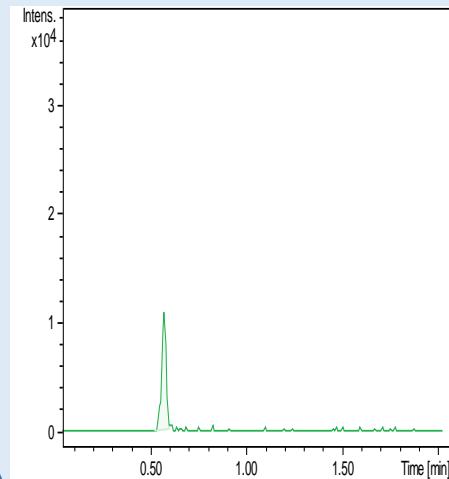
Exp 3\_Ac\_50G\_30S\_26ml\_BC6\_01\_6757.d: EIC 97.00 -MS2(125.00)

EtS 60 ng/ml



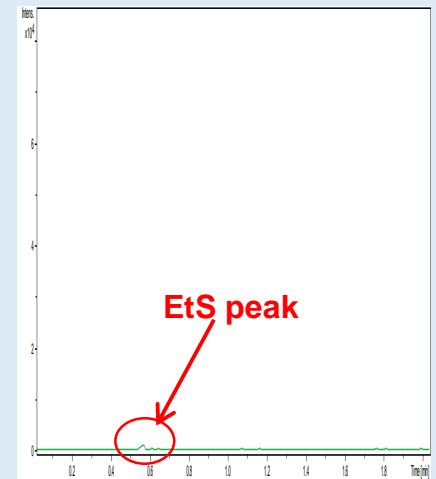
Exp 3\_Ac\_100G\_60S\_BC7\_01\_6748.d: EIC 97.00 -MS2(125.00)

EtS 30 ng/ml



Exp 3\_Ac\_1 pm Et\_BE3\_01\_6699.d: EIC 97.00 -MS2(125.00)

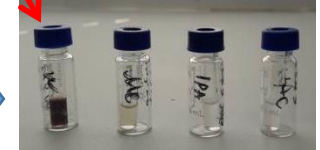
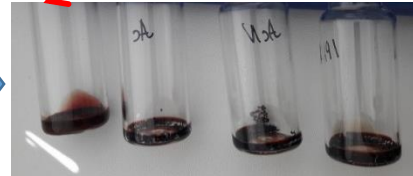
EtS in serum (1,4 g/l ethanol)



Exp 1\_Ac\_30ml\_353\_01\_5946.d: EIC 97.00 -MS2(125.00)

EtS in negative serum

# Sample preparation procedures (whole blood, DST)



Water is not a good choice, because hemoglobin will be extracted



250  $\mu$ l whole blood.  
Drying 100 C 25 min



Adding (layering)  
250  $\mu$ l organic solvent  
after cooling to room temp



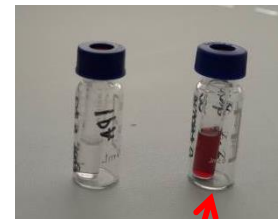
Ultrasound 10 min



200  $\mu$ l supernatant to  
vial. Centrifugation is  
not required.  
10  $\mu$ l aliquot was  
injected into the  
LCMS.



At the bottom of the  
vial should be slightly  
cracked film



If not, hemoglobin  
will be extracted

# Chromatograms of EtG and EtS (whole blood, DST)

Whole blood with ethanol 3.4 g/l

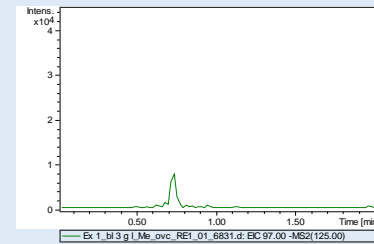
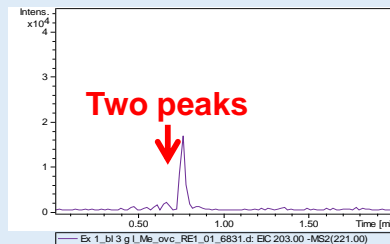
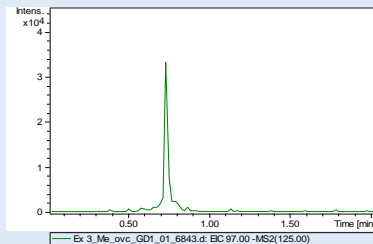
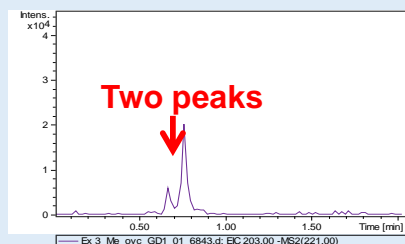
— EtG m/z 221->203

— EtS m/z 125->97

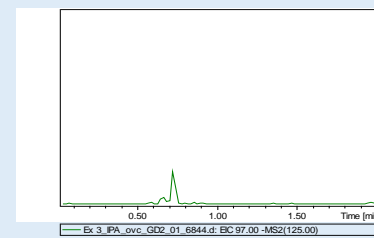
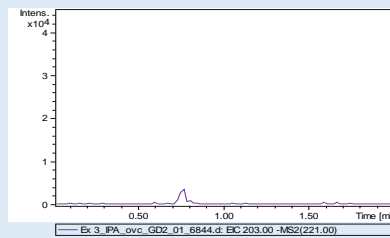
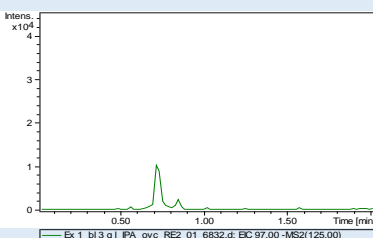
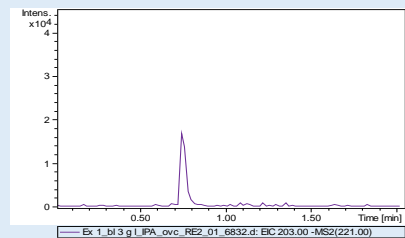
## Protein Precipitation Technique

## Dry Spots Technique

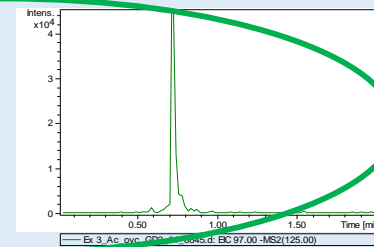
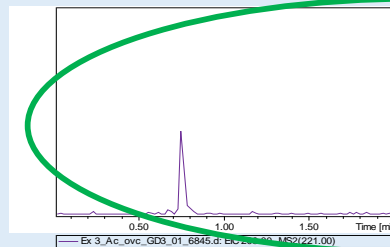
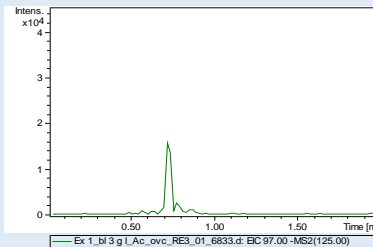
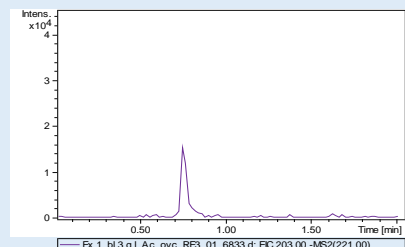
MeOH



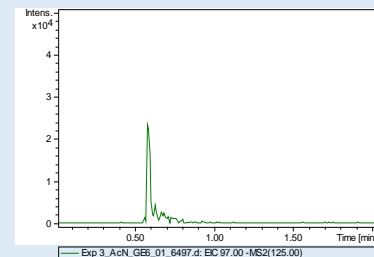
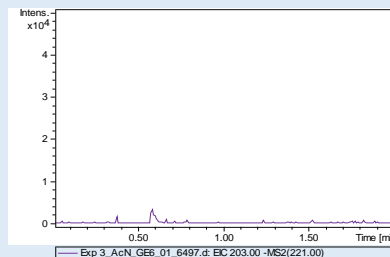
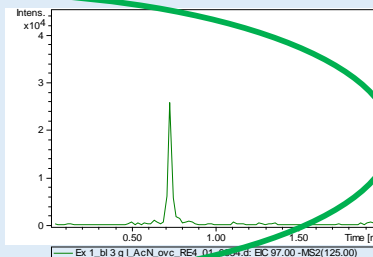
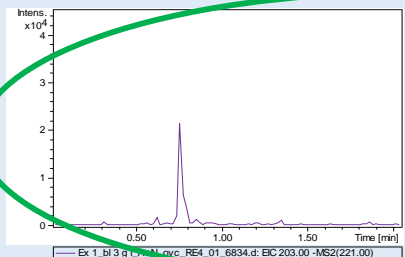
IPA



Ac



AcN



# ВЫВОДЫ

- ❖ Проведено сравнение процедур пробоподготовки сыворотки крови для определения этилглюкуронида и этилсульфата методом высокоэффективной жидкостной хроматографии с масс-селективным детектированием трёхмерной ионной ловушкой.
- ❖ Предложены и протестированы две наиболее простые и быстрые процедуры пробоподготовки сыворотки крови (осаждения белка и сухих пятен).
- ❖ Дальнейшая работа будет сосредоточена на повышении чувствительности внедряемого метода, разработке и валидации метода определения этилглюкуронида и этилсульфата с применением калибровки по внутреннему стандарту, документированию процедуры рутинного анализа.



**Автор выражает признательность  
д.х.н.Сергею Александровичу Савчуку  
и Максиму Викторовичу Овчарову  
за помощь в разработке методик**



***Благодарю за внимание!***

**[germiona-kdl@yandex.ru](mailto:germiona-kdl@yandex.ru)**

**[www.npnd.ru](http://www.npnd.ru)**